



Important Senior Center Reminders

Please remember when registering yourself or a friend for a TRIP or SPECIAL EVENT you must have an emergency form on file or you will NOT be allowed to register. Forms can be picked up and filled out at the front desk.

Thank You

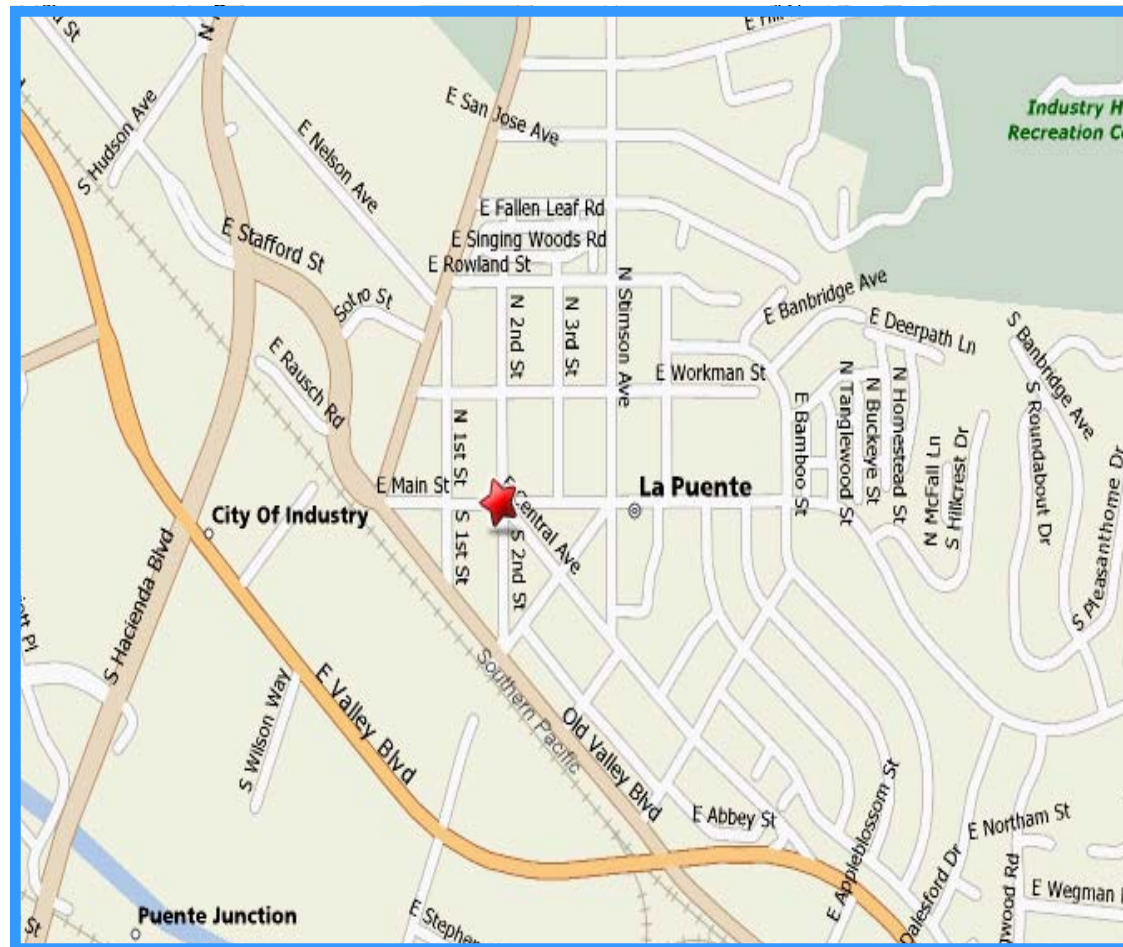
Por favor, recuerde al registrarse usted o un amigo para un viaje o evento especial que debe tener un formulario de emergencia en el archivo o no se permitira registrar.

Gracias



January 2012

La Puente Seniors "On The Move"



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We're on the Web!
www.lapunte.org

La Puente Senior Center

16001 E. Main St.

(626) 855-1585

www.lapunte.org

Hours:

Monday-Friday

8:00 a.m.-5:00 p.m.



Senior Services and Information



La Puente City Council

John M. Solis Mayor
David E. Argudo Mayor Pro Tem

Dan C. Holloway
Council Member

Vincent F. House
Council Member

Nadia A. Mendoza
Council Member

MEETINGS:
2nd & 4th Tuesday
of the month
7:00 p.m. at City Hall

City Hall

15900 East Main Street
La Puente, Ca 91744
Phone: (626) 855-1500

Hours:
Monday-Thursday
7:30 a.m.-5:30 p.m.

Fridays
7:30 a.m.-4:30 p.m.

Sponsors

CareMore Medical Group,
Downey

Intervale Senior Services,
West Covina

Greater Valley Physicians
Medical Group

Pacific Independent
Physicians Association

Dr. Karan, La Puente

Hacienda/La Puente
Adult Education

Huntington Memorial
Hospital

La Puente
Senior Citizen's Club

Santa Anita Family
Services, Arcadia

**Thank you for your
support!**

**To become a sponsor,
volunteer, or make
a donation to the La Puente
Senior Center, please
contact us at
(626) 855-1585.**

Senior Club 2012 Membership

Membership for the 2012 Senior Club will begin Monday, January 9, 2012 through Monday, February 27, 2012. Registration will be taken at the Front Desk on Monday mornings ONLY. Membership dues for the 2012 year will be \$10.



Schedule of Senior Center Classes offered by the Hacienda/La Puente Adult Ed Programs 55+



Exercise Class:
Annie Mu, Instructor
Monday-Thursday
11:00 a.m.-12:00 p.m.



Computer Class:
C. Barela, Instructor
Monday-Thursday
1:00-4:00 p.m.



Water Color Painting:
Annie Mu, Instructor
Thursday
12:30-2:30 p.m.



Chinese Brush Painting:
Annie Mu, Instructor
Thursday
2:30-4:00 p.m.



Born on this Special Day in January



January 1 • Irene Gaytan, Albert Lopez, Sara Richards,
David Akey, Emma Linehan, James Tribble,
Herb Schulsinger, Bernardino Cortez,
Peter, Adolfo Acosta Rodriguez

January 2 • Galo Pulido, Esther Ortiz, Al Mulethaler,
Crecencio Garcia, Maria Gloria Rodriguez

January 3 • Jesus Luis Velasco, Oralie Reyes, Olivia Rojas,
Genny Arrambide

January 4 • Maria I. Guzman, Maria G. Lopez-Diaz

January 5 • Jose Castellanos, Ki Won Lee,
Frances Morales

January 6 • Leonor Lomeli, Joseph Romero, Teresa Zavala,
Santos R. Arellano, Ramon Caballero

January 7 • Laura Sanjad, Elizabeth Van Voorhis,
Teresito C. MalaBanan

January 8 • Shirley Maldonado, Mary Helen Rodriguez
Maria C. Gonzales, Guadalupe G. Rico,
Paquita Sy, Consuelo Dumbao, Arthur Estrada,

January 9 • Jesus Mendoza, Enedina Del Arenal,
Diana O'Neill, Rachel Sanchez,
Francisco L. Soberanis

January 10 • Peter Chan, William Ferguson, Emma Alcala
Yolanda Morales, Walter Martin

January 11 • Zenaido Aguilar, Erl Li Ho

January 12 • Ana Cenicerros, Victoria GoldBaum,
Edward Cromwell, Jing Yue Wu

January 13 • Jose L. Perez, Sofia Bedolla, Elisa C. Duenes,
Peggy Lee Avila

January 14 • Susan Mulethaler, William Wang

January 15 • Jennie Marmoljo

January 16 • Elizabeth Zamarripa, Gloria Alderete,
Martha Charles

January 17 • Amado Solis, Carmen Guerrero

January 18 • Donald Woodburn

January 19 • Trini Lopez, Martha F. Serrano, Elisa Trevizo,
Martha Rodriguez, Henry Rosinski

January 20 • Magdalena Pena, Maria Elena T. Roa,
Esther Grijalva

January 21 • Amalia (Molly) Hernandez, Anicia B. Garcia,
Elia Cabrera, Tiffany Chen

January 22 • Christine Raffard, Emy B. Balo,
Raul M. Rodriguez

January 23 • Nicolaza Rico

January 24 • Shirley F. Deines, Paz Mendoza

January 25 • Joel Emert, Adela Beltran, Aurelio Ybarra,
Danny Reynolds

January 26 • Pablo Chaparro, Richard Pacheco

January 27 • Juan Aldape, Jewel Vaubel, Sara V. Gonzalez,
Meishan Tung, Sara V. Gonzalez,
Rodolfo Escobedo

January 28 • Eva Herrera, Lupe Alvarez, Socorro Alvarez,
Cruz Cabral, Oscar Trevizo, Jesus Z.Uribe,
Rosalba Castillo, Lucila Romero

January 29 • Carlos Portillo, Rosalie Salais, Graciela O'Dell
Maria Luisa Rodriguez, Maria Luisa Arroyo

January 30 • Trudy Rangel

January 31 • Graciela Gonzalez

Travel Corner

Pauma Casino

Join us for a day of fun and try your luck at various slot machine and table games.

Date: Wednesday, January 25

Time: 7:45 a.m.-5:00 p.m.

Price:\$10



Next Month's Trip

Pala Casino

Spend a fun filled day trying your luck at many different slot machines and table games as we venture out to Pala Casino.

Date: Wednesday, February, 29

Time: 7:45 a.m.-5:00 p.m.

Price: \$ 10



Special Events

Senior Club Winter Dance

Date: Monday, January 16

Time: 1:00-4:00 p.m.

Cost: \$7

(Price includes lunch)



~Next Months Dance~

Red and White Dance

Come join your fellow seniors as we celebrate Valentines Day at our annual Red and White Dance.

Date: Tuesday, February 14

Time: 11:00 a.m.-4:00 p.m.

Cost: \$7

(price includes lunch)



Free Blood Pressure Screenings

Vera Allen will be here every Tuesday from 10:00-11:00 a.m. giving **FREE** Blood Pressure screenings. No appointment is necessary and all seniors are welcome.



Income Tax Services

Please mark your calendars as AARP will again be offering Income Tax Services here at the Senior Center. Income Tax Services will began on Thursday, February 2, 2012. Appointments are available from 9:00 a.m.-3:00 p.m. You can make your appointment beginning on Tuesday, January 3, 2012, by calling the Reception Desk.



Urgency Case Management Katia Duenas

(Co-sponsored by Intervale Senior Services)

The following services are now being offered **FREE** to at-risk seniors: Crisis Intervention, Case Management, Emergency Home Delivered Meals, Outreach, and Information and Referral. Please contact the Reception Desk for more information.

Day: Tuesday's by appointment **ONLY**

Time: 9:00 a.m.-12:00 p.m.

Caregiver Support Group

The Santa Anita Family Service Caregiver Support Group is a **FREE** bi-weekly support group, for caregivers of seniors 60 years or older. The group will focus on helping the caregiver obtain resources such as, referrals and educational information. They will also learn to cope with emotional ups and downs that are part of care giving.

Date: By Appointment



City Transit Services Meeting

A representative of Southland Transit as well as City Staff will be in attendance to answer questions, concerns, or complaints regarding the City of La Puente's Link Shuttle and Dial-a-Ride transit programs.

Date: Tuesday, January 17

Time: 11:00 a.m.

Legal Advice

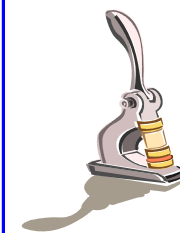
FREE Legal Services are available for Seniors by appointment only. Carlos Ramirez will be available to provide consultations for seniors. To set up an appointment, please contact the Reception Desk.

Date: By appointment



Notary Public Services Steve Barba

Steve Barba will be available to offer **FREE** limited Notary Public Services. To schedule an appointment stop by or contact the Reception Desk.

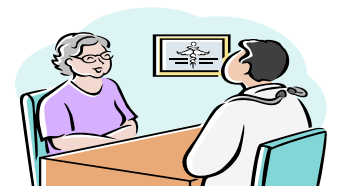


Day: Tuesday-Friday

Time: By appointment **ONLY**

Social Worker

Care Coordination programs provide **FREE** safety net of services for seniors. A social worker personally assesses senior needs, matches them to the proper resources or services, and provides follow-up. For more information, please contact the Reception Desk.



La Puente Senior Center / YWCA Intervale Senior Services
16001 East Main Street
La Puente, CA 91744
Phone: 626-855-1585

SENIOR MEAL GUIDELINES AND RESERVATION PROCEDURES

Meal Eligibility

1. Group dining meals are available to persons age 60 or more, and their spouses regardless of age, when the older person accompanies the spouse to the Center. Group dining meals are also available to disabled persons under age 60 who live with persons over age 60 and who are accompanied by the older person to the Center.
2. Meals are usually not ordered for persons under age 60; however, after all seniors have been served, persons under age 60 may purchase an un-served meal at the current charge of \$3.75. The Intervale Director may allow certain exceptions to this rule.
3. The suggested donation for eligible seniors is \$2.00.

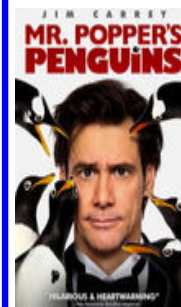
Meal Reservations and Cancellations

1. Meal reservations should be made at least ONE DAY in advance.
2. Meal reservations will be accepted from 9:30 AM to 12 Noon and from 12:30 PM to 12:45 PM weekdays. It is recommended that all reservations be made in person since phone messages can be misplaced.
3. Meal cancellations or reservations for the NEXT DAY will be accepted until 12:45 PM since we must place our final meal order at that time. Seniors who have not canceled by 12:45 PM for the next day will be expected to honor their meal reservation. Those who continually do not honor their meal reservations may be placed on a waiting list rather than be given a spot on the reservation list.
4. **Meal reservations will be held until 11:45 AM. After 11:45 AM all available meals will be offered first to seniors on the waiting list and then to non-seniors. Serving time is 12 Noon.**
5. The meal reservation system is used as a guide in ordering meals. It is important to know that making a reservation does not guarantee a meal since "no-shows", shortages, non-deliveries, and other situations beyond our control may occur. In addition, if we see that meals are ordered for "no-shows" we will have no choice but to under-order meals in order to limit wastage. Therefore, you should honor your reservation, sign in for your meal and get your meal ticket as soon as you arrive at the Senior Center. Our goal is to provide a hot, tasty, nutritious noon meal for any senior who wishes to attend our program. To do this, we must be cost-conscious and maintain an efficient meal-ordering system because eventually "wasted meals" will lower the number of meals we can serve to the seniors who want them.

Anyone having questions or comments about these procedures should call Donald E. Herring, Intervale Director, at 626-858-8382, extension 111.

Thursday, January 5 & Friday, January 6

Mr. Poppers Penguins • PG-13



In this live-action adaptation of Richard and Florence Atwater's classic children's book, Jim Carrey takes on the titular role of Mr. Popper, a businessman who inherits a small flock of penguins and must transform his Manhattan apartment into an arctic habitat.

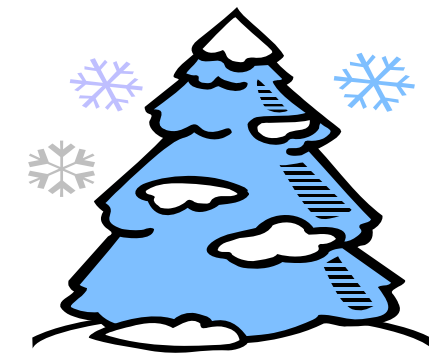
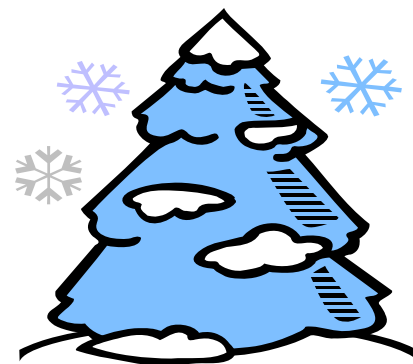
Movies at

Thursday, January 19 & Friday, January 20

Rise of the Planet of the Apes • PG-13



James Franco headlines the reboot of the immensely popular Planet of the Apes franchise, a prequel which boasts cutting-edge CGI effects and a gripping story set in modern-day San Francisco, where scientists are conducting genetic research on apes. The evolved primates, including Caesar (Andy Serkis), develop advanced intelligence and revolt against being used as lab rats, unleashing a war for dominion over Earth.



Thursday, January 12 & Friday, January 13

Larry Crowne • PG-13



After being laid off from his longtime job at a soulless retail giant, average middle-aged guy Larry Crowne (Tom Hanks) decides it's time to change up his life, so he heads back to college. There, he finds a new perspective -- and a new romance with a professor (Julia Roberts). Hanks directs this comedy-drama from a script co-written by Hanks and Nia Vardalos. Bryan Cranston, Pam Grier, Taraji P. Henson, Cedric the Entertainer and Vardalos co-star.

the Center

Thursday, January 26 & Friday, January 27 Home

Alone: Lost in New York • PG



Tough-guy Navy SEAL Shane Wolf (Vin Diesel) never imagined that he'd wind up as a babysitter for a crop of unruly kids. But now that he is, he's shocked to discover that it's the hardest job he's ever had in his life. His mission, which he has no choice but to accept, is to protect the children (including Brittany Snow, Max Thieriot and Morgan York) of a scientist who was killed while working on a top-secret government project.

Programs

eliminating racism
empowering women
ywca

January 2012

www.ywcasgv.org

La Puente Senior Beauty Salon

Hair Stylist Rachel Camacho will provide **FREE** hair styling every Thursday. Appointments can be made by calling the La Puente Senior Center.

Date: Thursday's by appointment

Time: 9:00-11:00 a.m.



AARP Mature Driving

This program is designed to help senior drivers recognize their physical limitations and learn how to compensate to reduce accidents. Students completing the eight hour course will receive a certificate of completion, which may qualify them for discounts on their automobile insurance.

Date: Tuesday & Thursday
January 10 & 12

Time: 12:30-4:30 p.m.

Cost: \$12 Members
\$14 Non-Members



Independent Living Center

The Center shares the independent living philosophy of teaching, mentoring, and preparing others to make informed choices, live independently, and develop leaders of the future. Dedicated to expanding access to programs, services, employment, and housing. Independent Living Centers offer community outreach and education as a means of building community capacity to advance the goals of full participation and improvement in the quality of life for individuals with disabilities.

Date: Monday, January 9

Time: 9:00 a.m.-12:00 p.m.



Fee Based Classes

Knitting and Crochet

Fri., Jan. 13 - Fri. March 2 12:30-3:30 p.m. \$20



Registration fees paid are for the entire session

FREE Fall Prevention and Balance Class

Come join this **FREE** Group and learn everything you need to know about improving your balance and preventing slips and falls. This group meets every Friday

Day: Friday's

Time: 9:30-10:30 a.m.

T.O.P.S.



(Taking OFF Pounds Sensibly Weight Loss Support Group)



Wednesdays • 9:00-11:00 a.m.

Are you having trouble getting those last 10 pounds off or even the first 10? T.O.P.S. is here to provide support. The group meets every Wednesday, from 9:00-10:00 a.m. for weigh-ins and 10:00-11:00 a.m. for meetings. For more information, contact Lenore at (626) 917-7168.

YWCA San Gabriel Valley - Intervale Senior Café - La Puente Sr. Center

16001 East Main Street *** Meal Reservations & Center Info: 626-855-1585

IMPORTANT: "YOUR CHOICE" MEALS WILL BE ORDERED BASED ON THE SELECTIONS MADE; OTHERWISE, FIRST COME, FIRST SERVED. YOU SHOULD KNOW THAT WE MAY NOT BE ABLE TO HONOR YOUR FIRST CHOICE.

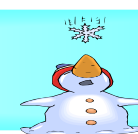
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HAPPY NEW YEAR!  CENTER CLOSED	3 BEEF BARLEY VEGETABLE SOUP ITALIAN SAUSAGE W/ GREEN PEPPERS SPAGHETTI W/ ITALIAN SAUCE NORMANDY VEGETABLES LETTUCE & TOMATO SALAD CREAMY ITALIAN DRESSING WHOLE GRAIN BREAD W/ MARGARINE CHOCOLATE PUDDING	4 LENTIL SOUP TURKEY ALA KING OVER BISCUIT CRANBERRY SAUCE GARNISH MASHED POTATOES GREEN BEANS & CORN SPINACH SALAD W/ RED GRAPES & BALSAMIC VINAIGRETTE DRESSING BISCUIT W/ MARGARINE CITRUS FRUIT CUP	5 POTATO & ONION SOUP MARINATED GREEK CHICKEN RICE PILAF (BROWN/WHITE) GREEN BEANS & CORN CARROT-BROCCOLI SLAW WHOLE GRAIN BREAD W/ MARGARINE PEACH PIE	6 CREAMY SQUASH SOUP BRAISED BEEF TIPS W/ GRAVY BUTTERED EGG NOODLES MIXED VEGETABLES MARINATED TOMATO, ONION & GREEN PEPPER SALAD WHOLE GRAIN BREAD W/ MARGARINE PINEAPPLE CHUNKS
9 CHICKEN NOODLE SOUP ROAST PORK LOIN W/ GRAVY FRESH SWEET POTATOES GREEN PEAS & CORN MARINATED BEET & ONION SALAD WHOLE GRAIN BREAD W/ MARGARINE AMBROSIA	10 YOUR CHOICE CREAMY CORN SOUP FISH VERA CRUZ, LEMON SLICE & TARTAR SAUCE OR OVEN FRIED CHICKEN W/ GRAVY BABY RED ROASTED POTATOES BROCCOLI & CARROTS GREEK SALAD W/ FETA CHEESE & DRESSING WHOLE GRAIN BREAD W/ MARGARINE GINGERED PEARS	11 MEXICAN POTATO SOUP ADOBO MARINATED BEEF FAJITAS W/ GREEN PEPPERS, ONIONS & SAUCE PICO DE GALLO SPANISH RICE (BROWN & WHITE) PINTO BEANS CREAMY COLESLAW (¾ C) FLOUR TORTILLA W/ MARGARINE CUSTARD	12 BROCCOLI CHEESE SOUP ROAST TURKEY W/ GRAVY MASHED POTATOES GREEN BEANS & CARROTS MARINATED TOMATO, ONION & GREEN PEPPER SALAD WHOLE GRAIN BREAD W/ MARGARINE LEMON PUDDING	13 SOUP & SALAD CREAMY TOMATO SOUP TUNA SALAD W/ SHELL MACARONI, CELERY, ONION, MAYO DILL PICKLE SPEAR ROMAINE LETTUCE LEAVES & TWO TOMATO SLICES CARROT-BROCCOLI SLAW RED GELATIN W/ CARROTS PEARS & PINEAPPLE WHOLE GRAIN ROLL W/ MARGARINE FRESH BANANA
16 MARTIN LUTHER KING JR. DAY Kitchen CLOSED \$2 Must be pre-paid by Wednesday 1/11	17 NAVY BEAN SOUP SHABIR'S BBQ BEEF SLICES W/ PICKLE, TOMATO & ONION SLICES AU GRATIN POTATOES NORMANDY VEGETABLES LETTUCE & TOMATO SALAD RANCH DRESSING WHOLE GRAIN HAMBURGER BUN W/ MARGARINE CINNAMON APPLESAUCE	18 SPLIT PEA SOUP TERIYAKI PORK W/ SAUCE RICE PILAF (BROWN/WHITE) MIXED CHINESE VEGGIES GREEK SALAD W/ FETA CHEESE & DRESSING WHOLE GRAIN BREAD W/ MARGARINE ORANGE SECTIONS	19 SOUP & SALAD VEGETABLE SOUP CHINESE CHICKEN SALAD CHINESE CRISPY NOODLES MARINATED ¼ CUP ORANGE SALAD SALAD VEGETABLES (1 c) WHOLE GRAIN ROLL W/ MARGARINE PINEAPPLE CHUNKS FRESH SLICED HONEYDEW	20 MINESTRONE SOUP BEEF & CHEESE LASAGNA BROCCOLI & CARROTS CAESAR SALAD W/ CRUTONS & DRESSING WHOLE GRAIN BREAD W/ MARGARINE CHOCOLATE PUDDING
23 VEGETABLE BEEF BARLEY SOUP OVEN FRIED CHICKEN W/ GRAVY MASHED POTATOES MIXED VEGETABLES MARINATED TOMATO, GREEN PEPPER & ONION SALAD WHOLE GRAIN BREAD W/ MARGARINE LEMON PUDDING	24 SOUP & SALAD CREAMY SQUASH SOUP TOSTADA CARNITAS SALAD (SHREDDED PORK) W/ TORTILLA CHIPS LIME-CILANTRO BROWN & WHITE RICE REFRIED BEANS SHREDDED CHEESE, LETTUCE, TOMATO CHUNKS BLACK OLIVES, CREAMY FRENCH DRESSING, SALSA, SOUR CREAM, TORTILLA CHIPS CITRUS FRUIT CUP	25 YOUR CHOICE POTATO & ONION SOUP SALMON W/ MUSTARD DILL SAUCE, LEMON SLICE & TARTAR SAUCE OR ROAST BEEF W/ GRAVY BAKED WINTER SQUASH BROCCOLI & CORN CAESAR SALAD W/ CRUTONS & DRESSING WHOLE GRAIN BREAD W/ MARGARINE CHERRY COBBLER W/ OATMEAL TOPPING	26 LENTIL SOUP CRANBERRY TURKEY SALAD SANDWICH POTATO SALAD THREE BEAN SALAD CARROT-BROCCOLI SLAW WHOLE GRAIN HAMBURGER BUN W/ MARGARINE STRAWBERRY GELATIN W/ FRUIT COCKTAIL	27 CREAMY CORN SOUP ITALIAN MACARONI BEEF & CHEESE CASSEROLE CREAMED SPINACH GREEK SALAD W/ FETA CHEESE & DRESSING WHOLE GRAIN ROLL W/ MARGARINE ORANGE SECTIONS
30 CREAMY TOMATO SOUP SALISBURY STEAK W/ BROWN GRAVY MASHED POTATOES NORMANDY VEGETABLES LETTUCE & TOMATO SALAD RANCH DRESSING WHOLE GRAIN BREAD W/ MARGARINE BUTTERSCOTCH PUDDING	31 BROCCOLI CHEESE SOUP ROSEMARY CHICKEN W/ GRAVY FRESH SWEET POTATOES GREEN PEAS & CORN MARINATED BEET & ONION SALAD WHOLE GRAIN BREAD W/ MARGARINE PEACH COBBLER W/ OATMEAL TOPPING	 YWCA Intervale Senior Services		

Administered by
 YWCA San Gabriel Valley - Intervale Senior Services
 and funded in part by the Los Angeles County
 Area Agency on Aging through the
 Older Americans Act of 1965 as amended.
 YWCA San Gabriel Valley Intervale Senior Services
 943 North Grand Avenue, Covina, CA 91724
 Phone: 626-960-2995 Fax: 626-814-0447
 email: intervale@ywcasgv.org
[facebook.com/ywcasgv](https://www.facebook.com/ywcasgv)
twitter.com/YWCA_SGV


SUBJECT TO CHANGE WITHOUT NOTICE *** SUGGESTED DONATION \$2.00 *** 1% LOW FAT MILK INCLUDED





January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	8:00-12:00 Oil Painting Club 9:00-10:00 Walking Group 1 10:00-11:00 Walking Group 2 11:00-12:00 Exercise Fitness 12:00-1:00 Lunch 1:00-4:00 Computer Class	9:00-11:00 Spanish Club 9:00-10:00 Walking Group 1 10:00-11:00 Walking Group 2 11:00-12:00 Exercise Fitness 12:00-1:00 Lunch 1:00-4:00 Doll Making Club 1:00-4:00 Computer Class	8:00-12:00 Oil Painting Club 9:00-10:00 Walking Group 1 10:00-11:00 Walking Group 2 11:00-12:00 Exercise Fitness 12:00-1:00 Lunch 1:00-2:00 Bingo 1:00-4:00 Computer Class	9:00-12:00 Korean Club 9:00-10:00 Walking Group 1 10:00-11:00 Walking Group 2 11:00-12:00 Exercise Fitness 12:00-1:00 Lunch 12:30-2:30 Watercolor Painting 1:00-4:00 Computer Class	9:15-10:15 Yoga 10:00-12:00 Exercise Dance 12:00-1:00 Lunch 1:00-2:00 Bingo	Senior Center Activities 
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1 	2 Senior Center CLOSED In observance of New Year's Day	3 Urgency Case Management Katia Duenas 9:00 a.m.-12:00 p.m. Nintendo Wii • 9:30-10:30 a.m. Chair Exercise • 9:30-10:30 a.m. S.T.A.T. Group • 1:00-5:00 p.m.	4 T.O.P.S. • 9:00-11:00 a.m. Chair Exercise • 9:30-10:30 a.m. Nintendo Wii • 9:30-10:30 a.m. Free Bingo • 1:00-2:00 p.m.	5 Movie • <i>Mr. Poppers Penguins</i> PG-13 • 9:00 a.m. & 1:00 p.m.	6 White Elephant Bingo 1:00-2:00 p.m. Movie • <i>Mr. Poppers Penguins</i> PG-13 • 2:00 p.m.	7
8	9 Senior Club Meeting • 11:00 a.m. Registration for Senior Club \$10	10 Urgency Case Management Katia Duenas 9:00 a.m.-12:00 p.m. Nintendo Wii • 9:30-10:30 a.m. S.T.A.T. Group • 1:00-5:00 p.m. AARP Mature Driving Class 12:30-4:30 p.m.	11 T.O.P.S. • 9:00-11:00 a.m. Chair Exercise • 9:30-10:30 a.m. Nintendo Wii • 9:30-10:30 a.m. Free Bingo • 1:00-2:00 p.m.	12 Movie • <i>Larry Crowne</i> PG-13 • 9:00 a.m. & 1:00 p.m. AARP Mature Driving Class 12:30-4:30 p.m.	13 White Elephant Bingo 1:00-2:00 p.m. Movie • <i>Larry Crowne</i> • PG-13 2:00 p.m.	14
15	16 Senior Club Winter Dance 1:00-4:00 p.m. \$7 Registration for Senior Club \$10 	17 Urgency Case Management Katia Duenas 9:00 a.m.-12:00 p.m. Nintendo Wii • 9:30-10:30 a.m. S.T.A.T. Group • 1:00-5:00 p.m. Transit Meeting • 11:00 a.m.	18 T.O.P.S. • 9:00-11:00 a.m. Chair Exercise • 9:30-10:30 a.m. Nintendo Wii • 9:30-10:30 a.m. Free Bingo • 1:00-2:00 p.m.	19 Movie • <i>Rise of the Planet of the Apes</i> • PG-13 9:00 a.m. & 1:00 p.m.	20 White Elephant Bingo 1:00-2:00 p.m. Movie • <i>Rise of the Planet of the Apes</i> • PG-13 • 2:00 p.m.	21
22	23 Senior Club Meeting • 11:00 a.m. Registration for Senior Club \$10	24 Urgency Case Management Katia Duenas 9:00 a.m.-12:00 p.m. Nintendo Wii • 9:30-10:30 a.m. Chair Exercise • 9:30-10:30 a.m. S.T.A.T. Group • 1:00-5:00 p.m.	25 T.O.P.S. • 9:00-11:00 a.m. Chair Exercise • 9:30-10:30 a.m. Free Bingo • 1:00-2:00 p.m. Pauma Casino 7:45 a.m.-5:00 p.m. \$10	26 Movie • <i>The Pacifier</i> • PG 9:00 a.m. & 1:00 p.m. Winter Blues Pool Tournament 9:00 a.m. • \$2	27 White Elephant Bingo 1:00-2:00 p.m. Movie • <i>The Pacifier</i> • PG 2:00 p.m.	28
29	30 Registration for Senior Club \$10	31 Nintendo Wii • 9:30-10:30 a.m. Chair Exercise • 9:30-10:30 a.m. S.T.A.T. Group • 1:00-5:00 p.m.		